## PLEASE Register by Mail:

Please send this form completed and signed with a check made payable to:

The Susquehanna Valley Figure Skating Club, or SVFSC to:

SVFSC c/o Amanda Zook

121 Race Street

Sunbury, PA 17801

**Registration deadline January 7th** 



### For additional information call:

Amanda Zook 570-847-3130



### THE SUSQUEHANNA VALLEY FIGURE SKATING CLUB 2023-2024

Amanda Zook: 570-847-3130

amanda.zook.figuresk8tr1381@gmail.com

Marilyn Smith: 570-971-9546

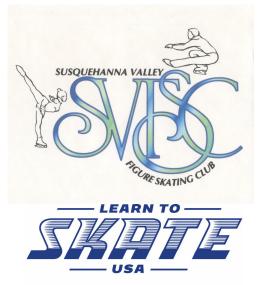
ladyicer26@comcast.net

Find us on Facebook:



Find us on Facebook: Www.Facebook.com/Susquehannavalleyfigureskatingclub

> James R. Eister Youth and Community Center located at the Sunbury Ice Rink 570-286-1441



The US FIGURE SKATING Learn To Skate USA is a beginning ice skating program that is fun, challenging and rewarding. Participation in the program will enable beginning skaters of all ages to learn the fundamentals of the sport and begin a lifetime commitment to health and fitness.

Since time must be allowed for putting on skates, skaters should arrive at the rink 15 minutes before the start of the lesson. Rental skates are available free of charge. Double bladed skates cannot be used. Hockey skates may be used. Please observe the following rules: no racing or playing tag, no chewing gum, candy etc. on the ice. No digging into the ice and please obtain permission from the instructor to leave the ice.

In the event of bad weather, the Club will notify the rink by 3:00pm if lessons will be cancelled. Please call 286-1441, or check The Susquehanna Valley Figure Skating Club Facebook page. No refunds for missed lessons and no make up days will be scheduled. The program concludes with a fun and exciting Open Skate and Pizza Party!

### BEGINNERS: SNOWPLOW SAM Levels 1-4, Ages 4-adult @ 4:30p-5:15p ((grouped by age)

For individuals ages 4 and up who have little or no previous skating experience. Emphasis is on basic ice skating skills. The objective is to develop balance and control while skating.

# INTERMEDIATE: BASIC SKILLS Levels 1-6 @ 5:15p to 6p (grouped by skill level)

Individuals must have completed Snowplow Sam or have equivalent skills. Emphasis is on development of proper skating posture and technique, forward and backward crossovers, turns and edges. Hockey instruction NOT available at this level.

### ADVANCED/ASPIRE/FreeSkate @6p to 6:30p

Additional (*optional*) ice-time and instruction available to enrolled students who have proficiency in **Basic skills levels 4 and up**. Emphasis is on the introduction of spins, jumps and other exciting athletic and artistic moves using full ice patterns. *No additional charge except for Aspire* 

**LESSON DATES:** Thursdays, Jan 4, 11, 18, 25, Feb 1, 8, 15, 22, 29, March 7

FEE: \$70.00 per person for 10 weeks. <u>NO</u> <u>REFUNDS</u>

**TO REGISTER**: Fill out and detach this registration form and include payment. Fee must be paid in full in order to be enrolled. Free use of rental skates is included in fee. Please mail registration form & check. (see other side).

**OPEN SKATE AND PIZZA PARTY:** THURSDAY, March 7th, 2024. Skaters and their immediate family members are invited for a two-hour open skate, 4:30 to 6:30. An occasional performance may take place! Pizza will be provided by SVFSC. Families are asked to contribute drinks and snacks.

	Susquehanna Valley Figure Skating Club, US Figure Skating
	Learn To Skate USA 2024
	Please fill out a separate form for each person. PLEASE PRINT CLEARLY!
I-	Name
	Address
	CityStateZip
	Phone (home) Cell Cell
-	Email (required)
	AgeBirthdateMale Female (circle one)
p	
	SKATING LEVEL OR AGE GROUP (circle one) (Basic Skills level 4 and up may also circle Aspire)
is	
0	BEGINNERS: SNOWPLOW SAM 1 - 4: Ages 4, 5 and 6 Ages 7, 8 and 9 Ages 10 through Adult
e e	INTERMEDIATE: BASIC SKILLS Basic levels 1-2 Basic levels 3-4 Basic levels 5-6
	ADVANCED/ASPIRE/FreeSkate: 6p-6:30p
	(ASPIRE requires a \$40 membership fee with US Figure Skating)
	Size and style of rental skate
-	Fee: \$70.00 per person = \$ PLEASE MAKE CHECK PAYABLE TO
	SVFSC
-	CHECK NUMBER
	Parent or guardian must sign below:
n	I WAIVE ALL CLAIM, LIABILITY, LOSS COST, DAMAGE AND PERSONAL INJURY WHICH MAY OCCUR WHILE PARTICIPATING IN THE Susquehanna Valley Figure Skating/US Figure Skating Program. SIGNATURE OF
e	PARTICIPANT OR PARENT OR GUARDIAN IF PARTICIPANT IS UNDER 18 YEARS OF AGE.

Date