



Susquehanna Valley Figure Skating Club Learn to Skate Ice Rules:

- Respect the rights and property of others and the rink.
- Other than staff, only those who are registered in class should be on the ice.
- No chewing gum, candy or food is allowed on the ice.
- Drinks are allowed on the boards.
- Headphones and ear buds may not be worn while on the ice.
- Helmets are strongly encouraged for all beginners.
- Double-bladed skates cannot be used.
- Hockey skates are allowed.
- Horse play, racing, playing tag, pushing, shoving of any kind is not allowed.
- Coaching by parents from the doorways or boards is not allowed.
- Skaters should always be courteous and respectful of others.
- It is important for everyone's safety that all skaters stay aware of other skaters while on the ice.

Prohibited Behaviors:

- Deliberately challenging, scaring, or intentionally blocking another skater
- Being verbally abusive to other skaters/coaches
- Kicking or gouging the ice or boards
- Videotaping anyone other than your own skater